

# BRIGHTENING PROTOCOL

**SkintrinsiQ** treatments provide customized experiences to refresh and revitalize the appearance of your skin.

**The SkintrinsiQ Brightening Treatment** provides the benefits of a noticeably smoother, more radiant-looking complexion.

**30**  
MINUTES\*

## SUPPLIES

- Disposable headband
- Gloves (as needed)
- Esthetic wipes
- Cotton rounds

## REQUIRED PRODUCTS

- Obagi Nu-Derm® Gentle Cleanser
- Obagi Nu-Derm® Toner
- Blue Peel Radiance® (Optional)
- Obagi Nu-Derm® Clear Fx
- Obagi Hydrate® Facial Moisturizer
- Obagi Sun Shield™ Matte Broad Spectrum SPF 50 Sunscreen

## CONSIDERATIONS

Recommended wait times before a SkintrinsiQ treatment:

2 DAYS	Tretinoin, salicylic acid, or benzoyl peroxide treatment
5 DAYS	Facial waxing, laser hair removal, or electrolysis
7 DAYS	Injectables or dermal fillers
14 DAYS	Chemical peel, microneedling, microblading
4 WEEKS	IPL/Photofacial
3 MONTHS	Laser treatment/cosmetic surgery
6 MONTHS	Accutane, chemotherapy, radiation

\*45 minutes if the Blue Peel Radiance Option is added.

STEP	PRODUCT/DEVICE	AMOUNT	ACTION
<b>CONSULTATION</b>			
1. Cleanse	Obagi Nu-Derm Gentle Cleanser	Dime-sized amount per cleanse	Double cleanse face; remove cleanser with esthetic wipes
2. Prep + Tone	Obagi Nu-Derm Toner	Nickel-sized amount	Apply with 1 cotton round; sweep face, neck and décolleté
3. Skin Analysis	Mag Lamp	N/A	2 cotton rounds to cover eyes
4. Skintrinsiq Extraction	Skintrinsiq Device	N/A	Use device as directed on intended treatment area
4a. Advanced Option	Blue Peel Radiance	½ or 1 vial	Apply as directed
4b. Cleanse	Obagi Nu-Derm Gentle Cleanser	Dime-sized amount	Work into entire face and remove with tepid wet sponges
5. Clarify	Obagi Nu-Derm Toner	Nickel-sized amount	Use as needed to remove surface debris
6. Skintrinsiq Infusion	Skintrinsiq Device and Nu-Derm Clear Fx	Dime-sized amount	Apply product to face and use device as directed on intended treatment area
7. Moisturize	Obagi Hydrate Facial Moisturizer	1 pump	Apply with hands to face, neck and décolleté
8. Protect	Obagi Sun Shield Matte Broad Spectrum SPF 50 Sunscreen	½ tsp	Apply with hands to face, neck and décolleté
<p>Recommend an at-home Obagi regimen so patients can see the prolonged benefits of today's Skintrinsiq treatment.</p>			



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