

FIRMING PROTOCOL

Skintrinsiq treatments provide customized experiences to refresh and revitalize the appearance of your skin.

The Skintrinsiq Firming Treatment is intended for clients who have fine lines and wrinkles and desire firmer skin. This rejuvenating and replenishing facial experience is perfect for those with aging skin concerns.

REQUIRED PRODUCTS

- Obagi Nu-Derm® Gentle Cleanser
- Obagi Nu-Derm® Toner
- Blue Peel Radiance® (Optional)
- ELASTIderm® Facial Serum
- Hydrate Luxe®
- Obagi Sun Shield™ Mineral Broad Spectrum SPF 50 Sunscreen



SUPPLIES

- Disposable headband
- Gloves (as needed)
- Esthetic wipes
- Cotton rounds

CONSIDERATIONS

Recommended wait times before a Skintrinsiq treatment:

2 DAYS	Tretinoin, salicylic acid, or benzoyl peroxide treatment
5 DAYS	Facial waxing, laser hair removal, or electrolysis
7 DAYS	Injectables or dermal fillers
14 DAYS	Chemical peel, microneedling, microblading
4 WEEKS	IPL/Photofacial
3 MONTHS	Laser treatment/cosmetic surgery
6 MONTHS	Accutane, chemotherapy, radiation

*45 minutes if the Blue Peel Radiance Option is added.

STEP	PRODUCT/DEVICE	AMOUNT	ACTION
CONSULTATION			
1. Cleanse	Obagi Nu-Derm Gentle Cleanser	Dime-sized amount per cleanse	Double cleanse face; remove cleanser with esthetic wipes
2. Prep + Tone	Obagi Nu-Derm Toner	Nickel-sized amount	Apply with 1 cotton round; sweep face, neck and décolleté
3. Skin Analysis	Mag Lamp	N/A	2 cotton rounds to cover eyes
4. Skintrinsiq Extraction	Skintrinsiq Device	N/A	Use device as directed on intended treatment area
4a. Advanced Option	Blue Peel Radiance	½ or 1 vial	Apply as directed
4b. Cleanse	Obagi Nu-Derm Gentle Cleanser	Dime-sized amount	Work into entire face and remove with tepid wet sponges
5. Clarify	Obagi Nu-Derm Toner	Nickel-sized amount	Use as needed to remove surface debris
6. Skintrinsiq Infusion	Skintrinsiq Device and ELASTIderm Facial Serum	4-5 pumps	Apply product to face and use device as directed on intended treatment area
7. Moisturize	Hydrate Luxe	Dime-sized amount	Apply with hands to face, neck and décolleté
8. Protect	Obagi Sun Shield Mineral Broad Spectrum SPF 50 Sunscreen	½ tsp	Apply with hands to face, neck and décolleté
Recommend an at-home Obagi regimen so patients can see the prolonged benefits of today's Skintrinsiq treatment.			



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